



Spiritual Awareness with Cheryl Sanderson Spiritual Teacher & Astrologer 604 761-1998

[www.soularSystem.net](http://www.soularSystem.net) August, 2006

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		1 Astrology what's happening @ Cheryl's 6:30	2	3	4 Healing Clinic Burnaby 6-8	5
6	7 Healing clinic in the Park- Grandview 6-8 <i>Class 3</i>	8 Forgiveness 6-9pm @ Cheryl's 6:30	9	10	11	12
13 Summer HEALING FAIR 5-7 Readings \$10 Healings gift 7:30Meditation	14	15 <i>Woman's Tools @ Sharon's 10</i>	16	17 class 1 6-9pm	18 6-9pm	19 10-2pm
20 10-2pm	21 Healing clinic in the Park- Grandview 6-8	22	23	24	25	26
27	28 <i>Tools</i>	29	30	31		

**Concentrated SPIRITUAL AWARENESS CLASS 1, DATE: August 17, 18, 6-9pm August 19, 20 10-2pm at Cheryl's Fee: \$250**

I invite you to learn tools in a way that will take you beyond what the body understands. Whether you are a novice or have had Reiki, Therapeutic Touch or hands-on healing training, you will find these tools to be complementary and effective in your overall healing practice. This class gives you tools to help you live grounded in the present moment, honoring your emotions, while accessing more energy and increasing your love for yourself. You will learn ways to maintain a consistent sense of self and have clear emotional boundaries in your relationships. Yes, you will learn about the charkas, emotions, grounding, centering and so much more. You receive 24 different spiritual tools, and upon completion, you will be able to give yourself a spiritual healing. The tools you will learn range from centering and grounding to making it safe for yourself to be aware of different energies. You will learn how to integrate spiritual awareness into your daily life.

**SPIRITUAL HEALING - CLASS 2 DATE: & Location: Before & after the Healing Clinics Please see Healing clinics dates. FEE: \$250**

This class is a meditative and experiential workshop. You will learn to safely give another a spiritual healing, as seen in our Healing Clinics. You use the tools taught in class 1 to heal patterns that might cause to lose your sense of self in relationship to those around you. This includes working with such issues as, empathy, clear separation and respect for space. We will also heal an intimate relationship.

As all healing is self-healing, you create more room to heal yourself, body and spirit. For more information please see our website or ask for a class 2 flier. People often participate for energy re-newel and to let go of stress

**FORGIVENESS 6-9 pm Location: @ Cheryl's Fee: \$35 August 8**

This 3 hour workshop may change your life. Forgiveness is so very, very healing. When you let go of resentment you heal your past and your future. This allows you to live in the present, which is your point of power. This learning is "experiential," with a focus on meditation and fun!

**Services Offered by Appointment.....**

<b>Spiritual Healing with Cheryl</b>	
Aura Reading	\$100
Woman's Reading	100
Female/Regular Healings	15
1 hr Private student sessions	40
Class 1 - Privately 1 on 1	250

**Ed & Cheryl**

1½ hr Astrology  
 Aura included  
**"House Cleaning"**  
 After clearing your home of foreign energy Cheryl will teach how to maintain a clean energy set.

\$150  
 \$200  
 \$200



Team Readings (2-3 qualified readers): Readings Monday eve July 31st, by appointment \$25. This can be an awe-inspiring experience.

August 13 no appointment necessary Readings \$10 each, Healings by donation

Drop in to experience a variety of 15 minute mini readings and spiritual healings. Please ask for our flyer or see our website. We will pray for a warm sunny day so we can play both inside and out. The event begins at 5 pm. Come join us for an evening of a variety of readings and healings as well as a pot luck dinner. At 7:30PM a 'Fall back' Meditation will be led by Cheryl Sanderson. Feel free to bring friends. This spiritual community is welcoming to all!

Astrology: What's Happening? DATE: AUGUST 1ST TUESDAY Fee \$20 Pot Luck Dinner 5:30

LOCATION: Cheryl's An informative discussion on astrology. Please call me with your birth data and I'll give you our address.

Meditative Readings & Healings DATE: AUGUST 4 LOCATION: #89-8763 ASH GROVE

Meditative Readings & Healings JULY 17, AUG 7, 21 LOCATION: Grandview in the Park Fee: by donation Time 6-8

Drop in for 15 min or stay as long as you like. An Energy Healing is simply a way of saying 'Hello' to you as spirit. A healing supports you clearing your space of unwanted energies, and allows your own energy to flow. This creates room for you to heal yourself. Distance Healings are available. Energy Reading helps to illustrate how you are creating your reality, as well as exploring the past lives you may be drawing on in order to face your current reality

Cheryl is a certified Spiritual Teacher, Healer & Astrologer (1976). Her energy work began in 1991 with Don Ley and her work continues through teaching Energy Awareness Classes and healings. Cheryl is near SFU sky train exit and 580 Clark Drive. Meditative Reading and Healing are held twice a month, first and third Monday's, in town and the first Friday of every month at Cheryl's. Please visit our website for maps.

May we recommend;

**Janette Day:** Certified Body Worker, Aromatherapist, Esthetician, Soap Maker Relaxation Specialist! Healer! Proprietor of Daybreak Wellness. [jday@telus.net](mailto:jday@telus.net) 604-984-9849

**Tara Hart:** Dream Witness -Energy Healing (604) 469-0025 [ourtaraqueen@yahoo.ca](mailto:ourtaraqueen@yahoo.ca)

**Shauna Olynyk:** The Miracle of Ease -Massage and Energy Healing Services (604) 781-4005 [Shauna@soulersystem.net](mailto:Shauna@soulersystem.net)

**Arnold Sanderson:** Energy Healing Services (604)646-4607 [back2njoynlife@hotmail.com](mailto:back2njoynlife@hotmail.com)

**Jared Suddaby:** Tai Chi, Energy Healing and Reading (604)

Please note; We are a group of close friends committed to our spiritual practice. We honor your sacred relationship with your M.D. We only seek to support you in your healing process. We are not a substitute for trusted health practitioners. Healers will travel. These services are available for pets

We will also answer your questions by email

*See next page for details on events and classes*

**New Wellness Events:** Create Your Own Wellness evenings or weekend packages. Packages could include; meditation, healings, aura and/or astrology readings, massage, manicures, pedicures. Perhaps you would like to invite a group of friends for a SPA evening, or to learn the simple art of meditation. We



**ALL appointments call 604-761-1998.**